

TIMETABLE AUTUMN 2018

SQUAD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DOLPHIN 8	6-7pm Robert Gordon's College			6:30-7:30pm Robert Gordon's College			9-10am Bridge of Don
JUNIOR RED SQUAD	7-8pm Robert Gordon's College			6:30-7:30pm Robert Gordon's College			9-10am Bridge of Don
RED	7-8pm Robert Gordon's College			7:30-8:30pm Robert Gordon's College	6-7pm Robert Gordon's College	6-7:30am Tullos	
BRONZE	6-7pm Robert Gordon's College	6-7:30am Robert Gordon University		7:30-8:30pm Robert Gordon's College	7-8pm Robert Gordon's College		8-9am Bridge of Don
SILVER		8-9pm Aberdeen Sports Village	6-7:30am Robert Gordon University	6-7pm Robert Gordon University	6-7:30am Robert Gordon University	3:30-5:30pm Robert Gordon University	6-8pm Aberdeen Sports Village
GOLD PERFORMANCE	6-7:30am Robert Gordon University 7-8pm Robert Gordon University	7.30-8.30pm Robert Gordon University	6-7:30pm Robert Gordon University	6:30-8pm Aberdeen Sports Village	5-6pm Robert Gordon University	11am-12 noon Aberdeen Sports Village	11am-12 noon Aberdeen Sports Village
GOLD SPRINT PERFORMANCE	8-9pm Robert Gordon University	8-9pm Aberdeen Sports Village		6:30-7:30pm Aberdeen Sports Village			11am-12 noon Aberdeen Sports Village